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Enriching lives, opening minds.



GOVERNMENT
OF MALTA

2025-2-MT01-KA154-YOU-000366700

5 Elements for Active Citizenship



11-19 April 2026



Düzce, Türkiye

Co-funded by the Erasmus+ Programme
of the European Union



ABOUT THE PROJECT TOPIC

The main focus of the project is to increase young people's democratic participation and their active involvement in social responsibility projects. As highlighted in the text, youth participation in volunteering and social entrepreneurship remains below the desired level both across Europe and especially in Malta.

While around one third of young people in Europe regularly engage in social responsibility activities, the rate is significantly lower in certain regions. In Malta, only a small proportion of young people are actively involved in civil society or volunteering activities.

The main reasons for low participation include lack of information, economic concerns, family pressure, time constraints, and uncertainty about the career impact of volunteering. Survey results also show that many young people are actually willing to participate but do not know how to get involved.

In response, the project aims to develop young people's empathy, critical thinking, problem-solving skills, and active citizenship awareness through workshops, simulations, and hands-on activities.

Additionally, interactive training materials and guides on volunteering and social entrepreneurship will be created. The overall objective is to empower young people to participate more consciously and actively in social processes and to strengthen a culture of democratic participation.

AIM OF THE PROJECT

OUR OVERALL OBJECTIVE

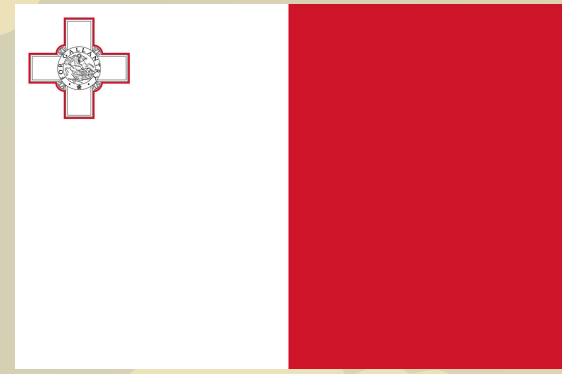
To increase the democratic participation of young people, to develop their sensitivity to social problems and to enable them to gain social responsibility, empathy, critical thinking, nature awareness and active participation skills through the 5 elements for active citizenship (Nature, Language, Thought, Emotional Depth, Behavior).

Specific objectives:

- To enable participants to practice English language and improve their communication skills by 90% by interacting with different cultures throughout the project.
- To ensure that 85% of the participants gain the ability to think critically and develop solutions to social problems at the end of the project.
- To ensure that 85% of the participants develop empathy and emotional awareness skills through the workshops to be held during the project.
- To increase the motivation of 90% of the participants towards social participation and social responsibility projects at the end of the project.
- To ensure that 80% of the participants gain awareness of nature-related problems and take a concrete step towards environmental sustainability through nature-based activities to be organized during the project.



PARTNER COUNTRIES & Participants Number



7

MALTA



7

TÜRKİYE
Green Travel



7

**NORTH
MACEDONIA**
Green Travel



7

BULGARIA
Green Travel



7

ROMANIA
Green Travel

COUNTRY

NGO

BUDGET

TÜRKİYE

The Changemakers

417€

ROMANIA

Eurostar Group

417€

MALTA

Proutist Universal Malta

309€

NORTH MACEDONIA

Young Entrepreneurs

417€

BULGARIA

Youth for Development and
Inspiration

417€

Participants Profile

The project is addressed to young people who want to develop themselves in active citizenship, democratic participation and social responsibility.

Participants will be individuals from different social backgrounds, but with a common vision.

The selection process will take into account their interest in the project, motivation and sense of social responsibility.

Project will include 5 young people, **TOTALLY 35** participants
1 facilitator and 1 decision maker.

Participants are socially and economically
disadvantaged
participants will be prioritized.

Participants will be between the ages of 18-30. This age group consists of individuals who are both open to education and have a high potential to develop sensitivity to social issues. Participants will include university students, young activists, youth workers and volunteers in local communities. Facilitators and decision makers will be at least 25 years old.



TRAVELS RULES

- Participants may book their tickets to Istanbul Airport or Sabiha Gökçen Airport.
- Participants will be given another **transportation infopack** later.
- We will help you to find the most suitable and easiest option.
- Flight tickets should be always accompanied by boarding passes when requesting travel reimbursement.
- Do not buy a ticket **without asking the project coordinator**, only tickets approved by the coordinator will be refunded.
- It is forbidden to leave the project area early before the project is finished.
- It is the participant's duty to deliver the necessary tickets to the coordinator during the project.
- The visa fee will **NOT** be covered by the NGO.

You should **KEEP** the ticket and invoice for the refund. 

Some important points for reimbursement: **1-** you must purchase the tickets with the approval of the coordinator and deliver the tickets to the coordinator as requested by the project team during the project, **2-** you must fully participate in the project activities (except for emergencies), **3-** you must complete the dissemination activities individually and institutionally.

Accommodation

Academia Hotel

Address: Orhangazi Mah. Prf.Dr.Necmettin Erbakan Cd. No 109
(<https://academiaotel.com/>)

You will have 3 meals a day at the hotel.
You will stay in rooms for 2-3-4 people.





What to Bring?

- Please note that health insurance is not covered by the project budget and will not be reimbursed under any circumstances. Therefore, all participants are strongly advised to arrange private travel insurance that covers medical expenses abroad for the entire duration of the project.
- In the your rooms, you will only have furniture (bed, wardrobe), bed linen and towels.
- There is no laundry at the accommodation area. Please be prepared for this.
- Certain workshops and sessions may require digital devices. Please be prepared by bringing a laptop or tablet if available.
- Traditional food, drink, snacks and souvenirs for **THE INTERCULTURAL NIGHTS** (no alcohol)
- You can use your credit card anywhere in Türkiye that has a POS machine. However, it's still a good idea to carry cash (Turkish Lira).
- The most important thing to pack? A positive mood and good energy!

Rules you must follow for the project

- **1. Respect for Property and Environment:** Maintain cleanliness in all communal areas.
- **2. Respect for Silent Hours:** Silent hours are from 23:00 to 07:00.
- **3. Alcohol Consumption:** No alcohol during the project week.
- **4. Prohibition of Illegal Substances:** Strictly no use, possession, or distribution of illegal substances.
- **5. Consequences of Non-Compliance:** Non-compliance may result in disciplinary action, including expulsion and no travel reimbursement.
- **6. Mutual Respect and Cooperation:** Treat everyone with respect and actively participate in all activities.
- **7. Reimbursement:** The amount of tickets approved for reimbursement by the coordinator will be paid to the participants/or group leader within 2 months after the end of the project.
- **8. Dissemination Sharing:** Participants must complete the posts/activities requested by the facilitator in order to disseminate the project on social media. The NGO team will lead you on this.



To apply, please fill out the form at the link. Our team will get back to you as soon as possible.

<https://docs.google.com/forms/d/e/1FAIpQLSdjly5LeEuZSvKyKJJ8Qb1HV37OkzEtWPVRLinF74eMikroIw/viewform?pli=1>

“This project has been funded with support from the *European Commission* under the *Erasmus+ Programme*. This publication [communication] reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.”

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<https://pumalta.org/projects/5-elements-for-active-citizenship/>