

# Leadership Quest

Youth Leadership & Employability Experience 2026

Erasmus+ Small-scale Partnership in Youth



Erasmus+

Impulss Latvia

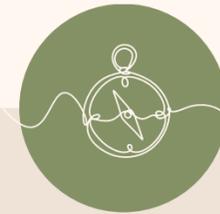
# Welcome to Leadership Quest

An international learning journey  
where leadership starts from  
within

**You are invited to be part  
of an international  
learning journey where  
leadership starts from  
within.**



Leadership Quest brings together young people and those who work with youth to explore leadership as a life skill – rooted in self-awareness, values and responsibility.



This experience is designed for those who are curious to learn more about themselves, to connect with others and to grow through meaningful participation.



Through non-formal learning, reflection and practical tools, participants will strengthen confidence, communication and employability skills, while gaining international experience and a deeper understanding of their own potential.

# WHAT WILL YOU GAIN?

Participants will:

- develop self-awareness and confidence
- explore leadership as a practical life skill
- strengthen communication and teamwork
- gain international learning experience
- build skills relevant for future employability

# WHO IS THIS FOR?

This experience is for:

- young people who want to grow and take initiative
- youth workers, educators and facilitators supporting youth development
- anyone interested in inclusive, value-based leadership

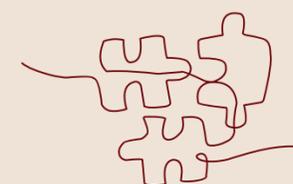


# About the Project

Leadership Quest is an Erasmus+ Small-scale Partnership project in the youth field, bringing together organisations from Latvia, Malta and the Czech Republic.



**The project was created in response to the growing need for young people to develop self-awareness, confidence and employability skills in an increasingly complex world. Leadership Quest approaches leadership not as a role or position, but as a life skill that supports active participation, responsible decision-making and personal growth.**



At its core, the project empowers young people to understand themselves better, recognise their strengths and values, and translate this awareness into meaningful action in education, work and community life.

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# Key focus areas

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**Self-awareness**  
– understanding strengths, values and inner resources

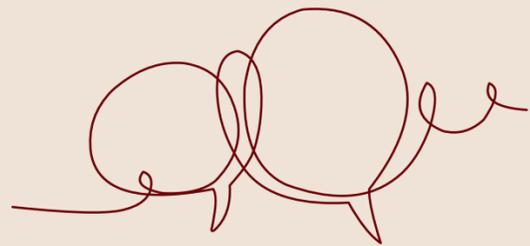
02

**Leadership as a life skill** – leadership in everyday choices and actions

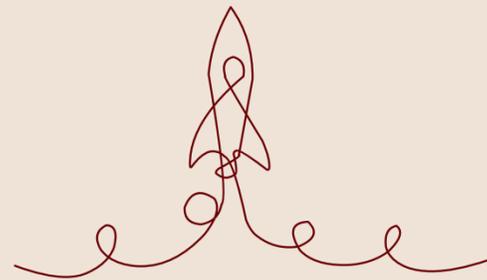
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**Employability** – transferable skills for education and future work

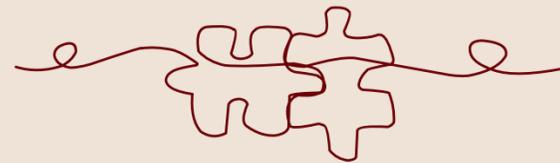
# How the project works



Intercultural learning through international cooperation and exchange



Non-formal education methods based on participation and reflection



Practical tools, including Territory Mapping and Leadership Card Decks



Dissemination & community impact through local workshops and shared results

# Project Aim & Objectives

The aim of Leadership Quest is to develop conscious, value-based leadership among young people, supporting them in becoming confident, responsible and active members of society.

**Strengthen self-awareness** by helping young people recognise their strengths, values and inner resources

**Develop communication and collaboration skills** essential for teamwork and social participation

**Support employability skills**, including initiative, adaptability and responsibility

**Encourage initiative and active participation** within local communities and youth environments



# Who Can Participate

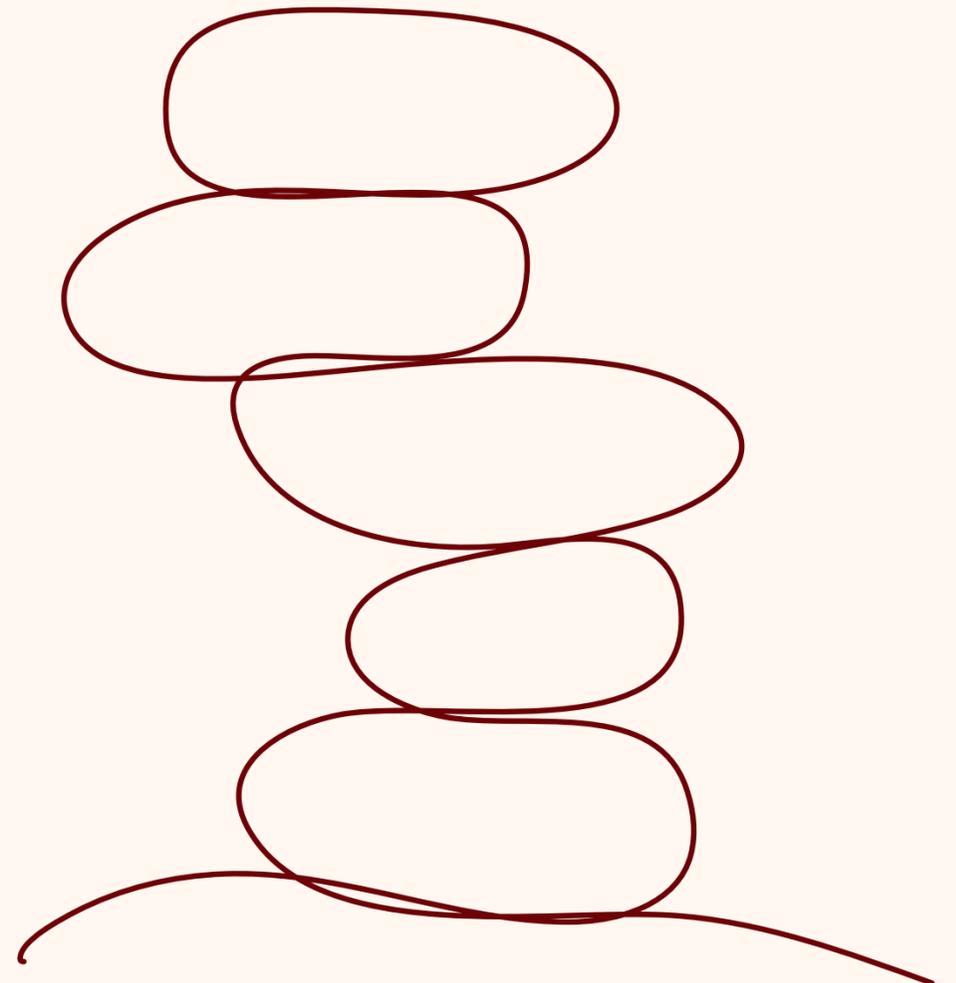
Leadership Quest is open to young people and adults working with youth who are motivated to learn, grow and actively participate in an international learning experience.

## Young people

- Age: approximately 15–30 years
- Curious about self-development, leadership and their role in society
- Motivated to take part in group activities, reflection and learning

## Youth workers, educators & facilitators

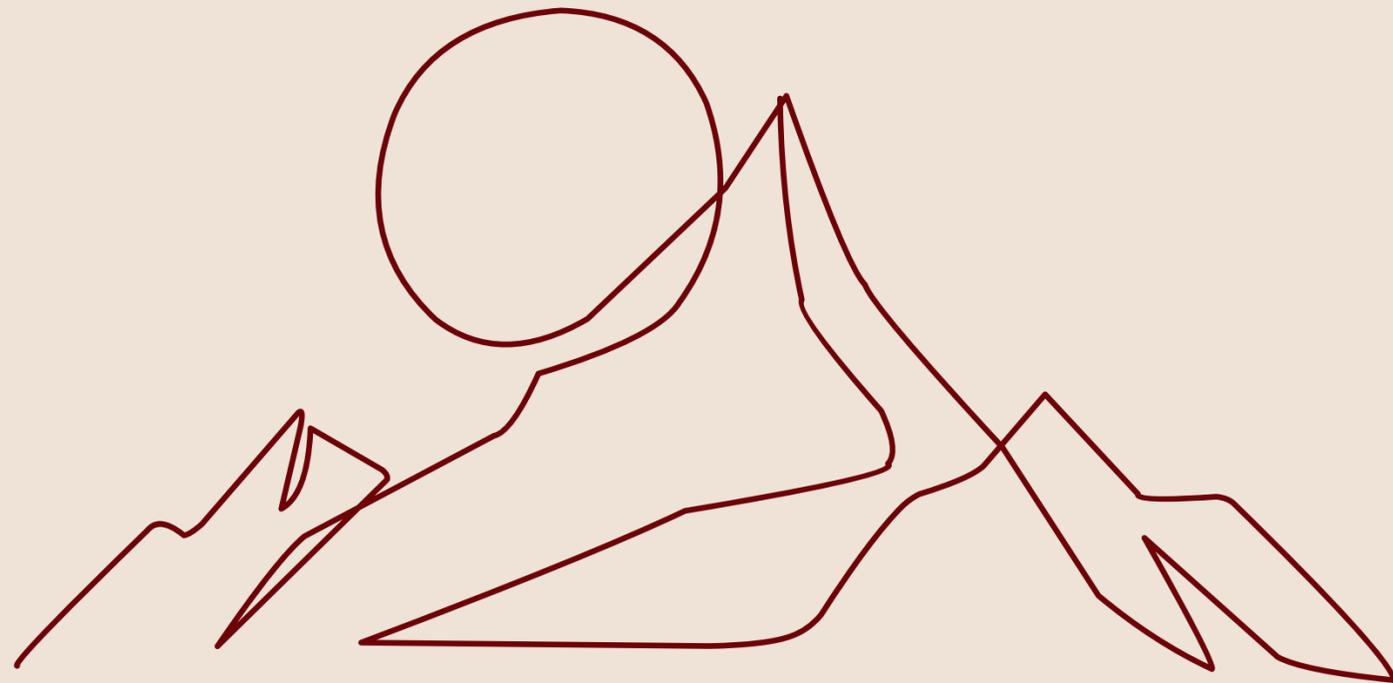
- Age: 18+
- Working with young people in education, youth work or community settings
- Interested in inclusive, value-based leadership and non-formal education



**No previous experience in leadership or international projects is required.  
Motivation, openness and willingness to learn are the most important criteria.**

Leadership Quest places strong emphasis on inclusion and actively encourages participation of:

- young people with fewer opportunities
- young people facing social, economic, educational or geographical barriers

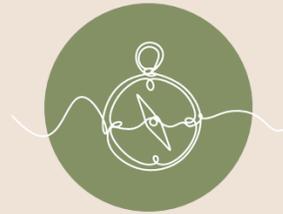


# How we turn learning into experience



Leadership Quest is built on practical, reflective and participatory methods that support deep learning and real-life application. The project combines innovative tools with non-formal education approaches to create meaningful and transferable learning experiences.

# Activities by Day

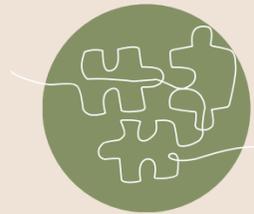


DAY 1-2 | 13-14 April

## Territory Mapping Training & Local Cultural Experience

The first two days are dedicated to full-day Territory Mapping training sessions, guided by experienced international trainers. Participants explore self-awareness, leadership as a life skill and the practical use of Territory Mapping in youth work and facilitation.

Alongside the training, participants engage with the local cultural context, including guided visits to Rundāle Palace and Bauska Castle. These shared experiences create space for informal dialogue, cultural exchange and reflection beyond the training room.



DAY 3 | 15 April

## Youth-Led Workshops & Practice in the Youth Centre

On the third day, participants move from learning into practice. The group visits the Bauska Youth Centre, where young facilitators take an active role in designing and leading workshops together with local youth.

Using Leadership Cards and facilitation tools, participants explore communication, leadership and cooperation through hands-on activities. This day focuses on applying the learned methods, sharing ideas and reflecting on how the tools can be used in everyday youth work.



DAY 4 | 16 April

## Forum Day & Community Dialogue

The final day is dedicated to a public forum, bringing together a wider audience from the local community. Participants engage with educators, youth workers, young people, parents and other community members interested in leadership and education.

The forum creates a space for sharing insights, dialogue and inspiration, while strengthening connections between youth work, education and the wider community.

# Core methods and tools

## Territory Mapping

A visual and reflective methodology that helps participants explore their inner landscape, recognise strengths, values and challenges, and understand how these influence leadership and decision-making.

## Leadership Card Deck

An innovative, co-created tool designed to support reflection, dialogue and facilitation in youth work, education and community settings.

## Reflection & Facilitation Tools

Guided reflection, group dialogue and facilitation techniques that support self-awareness, communication and shared learning.

## Experiential Learning

Learning through experience, action and participation – using activities, challenges and real-life situations rather than lectures.

## Peer Learning

Learning with and from each other through collaboration, shared experiences and intercultural exchange.



# Erasmus+ Values & Priorities



## **Inclusion & Diversity**

Leadership Quest actively promotes inclusion by creating safe learning spaces and encouraging the participation of young people with fewer opportunities. The project values diversity and aims to ensure equal access to learning, regardless of background, ability or social circumstances.

## **Participation & Active Citizenship**

The project empowers young people to take initiative, express their voices and engage actively in their communities. Leadership is explored as a way to participate responsibly in democratic life and contribute to positive social change.

## **Employability & Skills**

Through self-awareness, communication, teamwork and facilitation, participants develop transferable skills relevant for education, work and future career paths. Leadership Quest strengthens competences that support long-term employability.

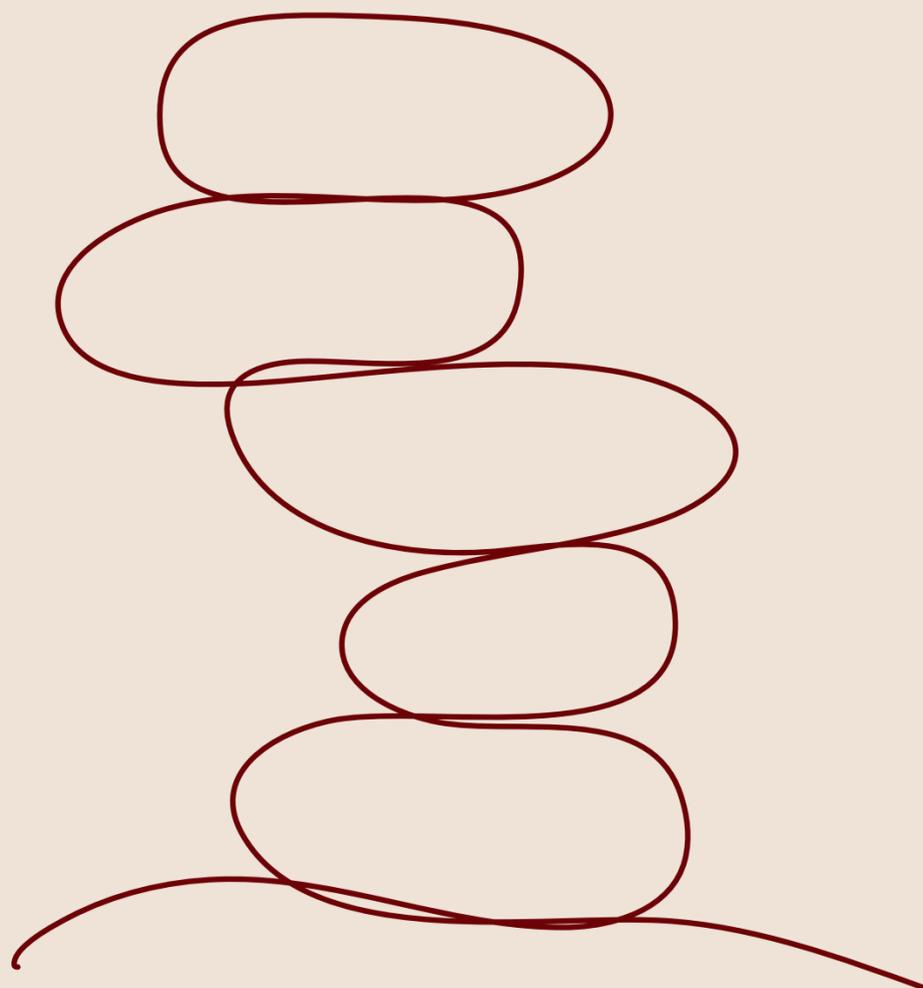
## **Sustainability & Environment**

Leadership Quest encourages environmentally responsible behaviour through awareness, reflection and everyday sustainable practices. Participants are invited to consider their personal and collective responsibility towards the environment and their communities.



# Practical Information

Participation in Leadership Quest is supported by the Erasmus+ programme.



- 01 Accommodation and meals are fully covered by Erasmus+ for all selected participants.

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- 02 Travel costs are reimbursed according to Erasmus+ rules and conditions.

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- 03 All participants will receive a Youthpass certificate, recognising their learning outcomes and competences gained during the project.

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- 04 Participants are required to have valid health and travel insurance for the duration of the activity.

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# What Happens After

Leadership Quest continues beyond the project activities. Participants are encouraged and supported to share their learning, reflect on their experience and create positive impact in their local communities.



# Erasmus+ Leadership Quest

- Participants reflect on their learning journey through testimonials, feedback and stories, highlighting personal growth, challenges and achievements.
- Leadership Quest supports long-term impact by equipping participants with transferable skills, practical tools and confidence that continue to support their personal, educational and professional development.
- After the project, participants bring their experience back home, applying leadership skills in schools, youth organisations and community initiatives.
- Participants take part in dissemination activities, such as workshops, discussions or presentations, sharing key learnings and tools with peers, schools and youth communities.



**Be part of an international learning journey that empowers young people to grow, lead and create positive change in their communities.**



Impulss <sup>Latvia</sup>



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**Organisation**

Nodibinājums Impulss Latvia

"I am convinced that every person's strength lies in their self-awareness and their ability to reflect. Through this method, I support individuals and teams in discovering their own 'map of strengths', helping them restore inner balance and recognise the resources they already have."

Madara Budova

Expert in Territory Mapping methodology, Founder of Impulss Latvia